



## **Journaling Guide Week 11: Your Goddess Calendar The Sacred Space for your vision to grow**

**1. What are 3 top priority activities that you feel if you engaged in them regularly would create space to nurture and grow your vision? (Ex: new self-care routine, relationship playtime, meditation, right brain creative time, organization focus, clearing clutter, etc.)**

1.

2.

3.

**2. List the quality of energy you want to tap into while involved in each of these activities? (Ex: Self-care w/ quality of unconditional love; journaling w/ quality of inspiration; exercise w/ qualities of flow & vitality, etc.)**

1.

2.

3.

**3. Create your own Goddess Calendar! Write your choices of inspired activities into your monthly calendar with colored markers.**

**4. Make sure you write down the quality of energy you want to tap into while engaged and add an inquiry somewhere you can see it.**

**Ex: “ I wonder how much \_\_\_\_\_ (quality) I can experience while doing \_\_\_\_\_ (activity) ?”**