

## Journaling Guide #4: Your Vision is Calling You! Choosing an Area of Life

1. Which area from the Wheel of Life showed up for you in the class meditation for your vision?
2. What qualities are present while you begin to conceive your vision in this area of life?
3. What Nature Symbol shows up that has these qualities in abundance and how does this make your own body feel when you tune into it?
4. How do you imagine you will benefit from this vision manifesting in your life? How do you imagine it will benefit others?
5. What other areas on the wheel do you sense will be effected on as your vision begins to manifest? How else might your life be different than it is right now?