Walking the Way of the Goddess with Hilary Nicholls D.C. Energy Healer/Teacher

Here's a poem for you from Mary Oliver's *Swan collection*. Notice what she has to say about beauty. Breathe it in and enjoy!

— Mary Oliver, Swan: Poems and Prose Poems

"Did you too see it, drifting, all night, on the black river?
Did you see it in the morning, rising into the silvery air An armful of white blossoms,
A perfect commotion of silk and linen as it leaned
into the bondage of its wings; a snowbank, a bank of lilies,
Biting the air with its black beak?
Did you hear it, fluting and whistling
A shrill dark music - like the rain pelting the trees - like a waterfall
Knifing down the black ledges?
And did you see it, finally, just under the clouds A white cross Streaming across the sky, its feet
Like black leaves, its wings Like the stretching light of the river?
And did you feel it, in your heart, how it pertained to everything?
And have you too finally figured out what beauty is for?
And have you changed your life?"